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Dear Fellow Seedlings Happy Sladens 2016/2017

Certain individuals dear to my heart and of great cultural importance, have somewhat recently exited our scene: Oliver Jacks, David Bowie, Leonard Cohen; and others, like John Cage, with whom I more and more resonate through his lucid, quietly profound writings. an amazing beak came into my hands this year and since continues to among and please me more than almost anything dre ever read. It is where the heart seats: Z John Cage, Zen Buddhism, and the Inner Life of Artists, by Kay Larson. Many of the excerpts included here are John Cage's own words from that book and are reflective of his personal struggle to find and to be himself.

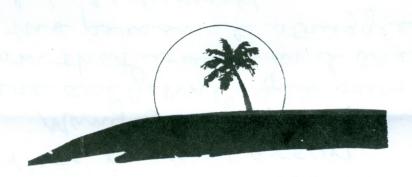
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to free myself from
my own head."

- John Cage



I am trying to check my habits of seeing, to counter them for the sake of greater freshness. I am trying to be unfamiliar with what I'm doing. – John Cage

If you neglect your work, you will dislike it; if you do it well, you will enjoy it. SIDNEY SMITH

Where the Heart Beats
by
Kay Farson

John Cage, Zen Buddhiam

and the clumer Life

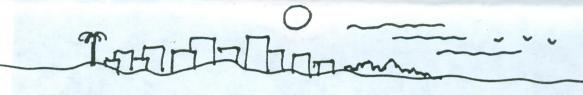
of artists

"Instead of the possibility of repetition we are baced in life with the unique gualities and characteristics of each occasion."

- John Cage

the ground work doesn't show the one day -

Are you in earnest? Seize this very minute!
What you can do, or dream you can, begin it.
Boldness has genius, power and magic in it.
Only engage, and then the mind grows heated.
Begin, and then the work will be completed.
Johann Wolfgang von Goethe



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"The real circus with acrobats, jugglers and bareback riders — also an empty field transformed, and in the tent artists and freaks, children and pilgrims and animals are gathered in communion — us"

- Corita Kent

"We should talk less and draw more."
- Goethe

The seed is saved—

It frees the God within it by blossoming, by bearing fruit, by returning to earth once more. Let us help the seed to save itself.

-- Nikos Kazantzakis in SAVIORS OF GOD

BENAZIR BHUTTO RECONCILIATION

"Each moment is absolute, alive and significant."

- John Cage



The highest spirituality is simply a matter of accepting life as it is. – Alan Watts